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ECOLOGICAL INVESTIGATION OF RECREATIONAL AREAS IN THE FOREST

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EXTENSIVE SUMMARY

Forests are important natural attractions for countries. Forests, which are more frequent in rainy, low and humid regions, are a vital and dynamic renewable natural resource, which is the source of production of many different products, especially wood, and has its own balances. It contains many species such as trees, forest waters, wild animals and plants. Forest are never-ending fact as well as source of life for people. The forests have gradually become places where people are left out of their habitat and spend their free time. People are looking for fun, restful and time-consuming activities in their free time. These activities are expressed as recreational activities.

Forests are among the alternative places preferred by individuals participating in recreational activities in their leisure time. That is why there is a relationship between human and nature in the context of recreation. Many of these sources used for recreation are within nature. Forest recreation areas are suitable areas for recreational activities. The ecological condition of these places is also important for the individuals involved in recreational activities.

In the first part of the study's literature, the concept of forest stand urban forest was first examined in the context of outdoor recreation. Secondly, in-forest recreation has been discussed from a broad perspective with examples and its benefits have been mentioned. Thirdly, recreational areas and conservation forests in Turkey are presented in a list.

In the second part of the work, the recreation areas in the forest were examined ecologically. In the second part, forest destruction is first explained based on examples. Forest destruction is mostly caused by visitors to recreation areas, erosion and natural life pollution, forest fire etc. it has been stated that it comes to the occasion. Secondly, the concept and processes of sustainable forest management are mentioned.

In the conclusion of the work, suggestions have been made that the forests of forest recreation areas should be used within a sustainable forest management.

The aim of this research is to determine the ecological condition of forest recreational areas and to reveal the irrelation with recreation.