ILGAZ MOUNTAIN NATIONAL PARK VISITORS TO PARTICIPATE IN RECREATIONAL ACTIVITIES IN THE STUDY TO MEASURE ATTITUDES TOWARD THE ENVIRONMENT

Ercan KARAÇAR\textsuperscript{a} Suat KARAKÜÇÜK\textsuperscript{b}

\textsuperscript{a}Çankırı Karatekin Üniversitesi, Meslek Yüksekokulu, Öğr. Gör. Dr. (ercan_karacar@karatekin.edu.tr)
\textsuperscript{b}Gazi Üniversitesi, Spor Bilimleri Fakültesi, Prof. Dr. (yilmazakgunduz@hotmail.com)

EXTENSIVE SUMMARY

Leisure individuals working time interval is used for the remaining non-life activities. This interval constitutes the people’s leisure time and leisure time while participating in these activities. The purpose of this study, Ilgaz Mountain attitudes towards the environment of visitors participating in recreational activities in the National Park and to determine what kind of participation in recreational activities that they provide. Ilgaz Mountain recreational activities for visitors to the National Park study surveys were administered. Research results that have a positive impact on the human environment and other people that exhibit negative behavior towards the environment, Ilgaz Mountain in the perception of the National Park as having positive characteristics and appeared to have a positive opinion about visiting again. That intensity during the winter months, it is no more obstacles, weather conditions and was found to be in the forefront of the transportation problem.

The research, social recreational activities - cultural - economic development, success in education, work efficiency, physical and mental health preservation, healthy generation breeding, reveals that there are significant positive impact on issues such as protection from harmful behavior (Güngörmüş and Sezen, 2005). This has negative side effects alongside the positive. Their tops are membrane to the environment. rekratif attitude of individuals who participated in the event in this regard is very important. Individuals in life intertwined with nature and spend time in the natural environment in their free time and refresh themselves point it is necessary to examine the relationship between recreation and the environment. Therefore, to raise the awareness of people for such activities, to take the necessary measures for the protection of nature, the sustainability of the natural environment is important both in terms of realizing both individual needs and desires. This study aimed to
participate in recreational activities in the Ilgaz Mountain National Park attitudes towards the environment and the people who come to visit will be investigated whether these attitudes vary by demographic characteristics. Ilgaz Mountain National Park that has been applied for the visitors who participated in the survey rekratif efficacy results are subject to data analysis.

This study basically, Ilgaz Mountain uncover environmental attitudes of the people who participated in the recreational activities in the National Park and to determine whether to show changes according to the demographic characteristics of these effects, where leisure time is intended to determine that it considers participating in which recreational activities. Research in the area covered by structured questionnaire survey method was used. For this purpose, Dunlop, Van Lierde to, Mertig and Jones (2000), developed by the "New Ecological Paradigm" is used. 40 people made under the pilot study, deficiencies have been corrected. questions intended to determine the demographic characteristics of the participants in the first part of the survey were asked. Questions gender of the participants, the participant's age, education level, income level they perceive has been created in order to identify their marital status and occupation. demographic survey, leisure activities, questions for gathering information on the environmental attitudes of the participants were asked.

The research questionnaire is trying to dominate the rest of the nature of people, more than 60% of the participants on their attitudes to the environment when examining attitudes towards the environment of the participants who answered the, that the natural balance is very delicate and can easily be disrupted, people eventually to be able to control nature, will have enough information about how it works , ultimately, if the continuation of the current state of the statements could be faced with a number of ecological problems they have responded positively. and more than 50% of the parallel participants to this statement that has limited rooms and resources as the world's ships, most of the ecological crisis, when exaggerated, people with the rules of nature that is not yet fully mastered, plants and animals also has the right to exist as humans, if we learn that we can them how to improve there will be no shortage of resources in the world, people that harm the environment seriously, people generally were found to attend stated that the right to modify the natural environment and the people that ended in disaster when the environmental struggle to meet their own needs.

Also, if more than 40% of respondents when approaching the limits of the number of people who can support the world, there would be difficulty for the world's resources through human creativity and the balance of nature is sufficient to cope with that produced by modern industrial state were found to participate in the statements.

55% of respondents to the question of whether to participate in recreational activities at the point of the barrier has been found to snag 31% stated that there are no obstructions. When visitors stating that the barriers to participation in recreational activities asked what are these obstacles, 10% of the weather conditions of the participants, 6% of transport problems and other participants in the crowd, physical disabilities, environmental issues, gave their response insecurity and wild life.

If you come to the question of Ilgaz Mountain in the season they come in the winter and 19% and 56% of the participants were found to have come in the summer. 86% of the participants answering the questionnaire , 14% did not answer the question section . Just not in the other months in winter tourism and recreational activities provided made for tourists to come here . Especially the springs in the summer because it has the potential to be a factor in this and similar activities for the arrival of tourists . Made in the district Bayramören considered for a paragliding festival or the spring festival as the festival .
The question asked to determine the recreational activities they participated in a large proportion of the visitors of the participants (71%) were found to have traveled to ski or to make picnic destination. In addition, 11% of respondents, while visiting the area for hiking, hunting a small part, it is seen that traveled to observe the climb and birds. The vast majority came to the picnic area and ski events also offered insight into where the plant can be increased in other activities. Ilgaz Mountain has a rich potential can be presented recommendations to the relevant institutions and organizations for more efficient use of the National Park.

In case of participation in recreational activities, 55% of respondents to the question of whether the barrier was determined to snag 31% stated that there are no obstructions. When visitors stating that the barriers to participation in recreational activities asked what are these obstacles, 10% of the weather conditions of the participants, 6% of transport problems and other participants in the crowd, physical disabilities, environmental issues, gave their response insecurity and wild life. Usually no more winding path in line with the answers and be single-lane, lack of adequate physical structure is among the top outside accommodation facilities have also prevent environmental pollution, especially outside the winter season. To be completed in 2016, the beginning of road works in 2013, simple informational brochures for the opening of new facilities for the elimination of facility deficiencies and picnic carried warnings about being more sensitive regarding the environment to that and seeing the effects as well as causing environmental pollution can be distributed.

Participants of the business and 20% of the visitors asked questions in order to determine whether free time is sufficient except leisure too meager 22% inadequate, 30% moderate, gave sufficient and adequate response 4% to 24%. The participants' responses 30% of their daily leisure time of 1-3 hours studied, 42% of 4-5 hours, 8 hours and over 18% of 6-7 hours, and 10% were found to have free time. Ilgaz Mountain for journeys cause for the 33% for the rest and recreation of the participants questions, see the surroundings of 19% and skiing, learn new things and the other participants to know the culture, business travel, to participate in recreational activities and to participate in tourism activities It has been identified for the visit. Çankırı Ilgaz Mountain and the environment due to more of their leisure time with because it is close to the people living in the provinces of National Parks and recreational facilities can promote. Brochures, awareness can be achieved with short films or advertisements. In this way, much of the tourists visiting and increasing repeat visits.

The average of responses for measuring attitudes towards the environment of the visitors surveyed attitudes towards the environment of men than women examined were found to be more positive. In addition, the average of responses for measuring attitudes towards the environment of the visitors surveyed Considering the scale of the participants between attitudes more positive, ages 18-24 for the environment of people between 25-45 years the perception has been found to be more negative, person to handle, especially those with negative opinions can be accessed through plate or billboards. This negative plate and can be influenced by images they see in the national park boundaries. In this way it can be avoided by behaving badly affected perceptions.

Attitudes towards the environment than single married visitors when visitors of the visitors surveyed responses for measuring attitudes towards the environment are examined average was determined to be more positive. Moreover, when the average of responses for measuring attitudes towards the environment of visitors who participated in the survey examined attitudes towards education levels increase, the environment has also been found to vary in a positive way. Low level of education or the environment less of volunteer time can be set up to reach out to people. In siara any negative behavior of the people they may be warned by the environmental
mistakes by intervening time. Dangerous fire burning and the arrival of what adversities made with a short briefing on having a picnic in beautiful places such as the consequences can be voiced.