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UTILIZED THEORIES IN PRESENTED PROCEEDINGS IN RECREATION RESEARCHES CONGRESS

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EXTENSIVE SUMMARY

The recreation is as all types of events of which are made alone or in groups, by vehicle or tool-free, in open or closed spaces, within the city or outside of the city and within an organization or without, the pleasure and joy not been excepted mandatorily, in the leisure of individuals. The theory is a system that has mutual relations observe the most simple and understandable way to explain the way so organized that between variables, conditions, definitions and principles of the system. Scientific research should be based on a theoretical basis or should have a theoretical structure. Therefore, to links with many areas of recreation, research and studies within the cause-effect relationships, the realization of within the framework of a theoretical structure, it can make an important contribution to the development process in these areas.

The purpose of this study is make a compilation and a situation analysis with regard to utilized theories in presented proceedings in Recreation Researches Congress. The first of Recreation Researches Congress was held between 12-15 April in 2012 (87 proceedings), the second one was between 31 October - 3 November in 2013 (61 proceedings) and the third one was between 5-7 November in 2015 (68 proceedings). Depending on the purpose of the study, 216 proceedings were analyzed with scanning method and 16 proceedings that use theories were determined. These proceedings will be guiding the recreation by means of surveys or studies, and were faced with 21 theory may contribute to the recreation area. These theories are that Determination Theory-SDT, Achievement Goal Theory-AGT, The Need Theory, The Activity Theory, Socioecological Theory, Practical theory, Capability Approach, Consumer Culture Theory-CCT Chaos and Complexity Theory, Aging Theories, Leisure Constraints Model, Stability and Reconciliation Theory, Self Leadership Theory, Theory of Planned

Behaviour, Functional Approach Theory, Authentic Leadership Theory, Humanistic Psychology Theory, Transformational Leadership Theory, Mental Metaphor Theory, Expectancy Disconfirmation Theory, Equity Theory. In these proceedings, theories encountered are brought close together and explained separately in the order of the purpose of which was used for.

Due to in many areas and science branches and in connection with the development process is made many researches and studies related to the recreation area. By extension, scientific studies in the recreation area in the coming years will be able to provide the development of this field in our country. Eventually, based on a discipline can not be possible without theory, these determined theories are thought to be a guide for new research in recreation.