EUROPEN CULINARY HISTORY: ANCIENT GREEK FROM THE INDUSTRIAL REVOLUTION

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EXTENSIVE SUMMARY

Without its culture and history, the art of gastronomy is vague and random. Culinary pleasure art shows continuous improvement. Art of culinary is not a marble as music or painting. It chases the contemporaneous pleasures; even sometimes goes one step further. Cooking is the first chemical process. When mankind discovered the fire impact on food, he has also determined the future of the art of cooking. Fire, as soon as they become controlled, inevitably brings together a community established ties between them; because it was required to keep under control the flames of division of labor. Cooking, feeding the fire of social attractiveness has increased its strength. Cook is responsible for preparing the foods and beverages in cuisine, tasting and controlling them. Cooking is the art of making the foods ready for eating via using various techniques. Cookery is an expertise of choosing the well-qualified ingredients, preparing, cooking and also serving. Cuisine is considered soulless without its roots. History is an integral part of the culinary arts. Narrating the history of cuisine consists of people who have developed it through building the blocks of civilization.

Cooking, emerged as a profession in Ancient Greek, has been one of the most debated topic throughout the world. Still however, it has not been one of the most written subjects in the history, unfortunately. As being perpetual part of the daily life, food, has affected this result. Everybody who tastes the meal, or scramble the meal by adding a pinch of salt to it can be considered as a cook. For some, cooking is enjoyable, while some other thinks that it is a challenging and time-consuming task in daily lives. Yet, there is no evidence prepared for the art of cooking and culinary for thousands of year by professionals of the field. Therefore, the history process
of gastronomy-specializing in cooking- has been approached starting from the Ancient Greek to Industrial Revolution.