



The Importance of Nevruz in Turkish Culture In Terms of Recreational Activity and Nevruz Activities

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Extented Summary

Introduction

The importance of recreation in terms of /for individuals and society is known. Sustaining the common culture and phenomena of societies ensures the continuity of the society. Such activities not only help societies to be healthy and strong but also common cultural activities reinforce the national unity and solidarity of the society. In this context, Nevruz Festival, which has an important place in Turkish societies, provides benefits to the society with its traditions and activities. Nevruz is an important day for the Turkish states in the past, as well as being a time to cheer up and have fun for the people. (Karaman, 1999: p. 39)

In this study, Nevruz entertainments are handled with examples in the context of recreational entertainment. The study aims to examine the relationship of Turkish culture with entertainment from the past to the present and the entertainment structure before the modern age.

Methodology

In this study, the document analysis method, one of the qualitative research methods, was used. In the study, a data set was created by using information such as "researcher name", "research year", "research purpose" and "research results" in the journal articles scanned in TR Index. The main mass of the study consists of the scanned articles on the subject of "Nevruz" in the journals scanned in the TR Index. The sample of the study consists of the articles written on "Nevruz" in the last 10 years, that is, between 2011 and 2021, scanned in

the TR Index. Studies related to the subject were searched in TR Index on 02.05.2021 and 11 articles were found after the last update on 22.06.2021.

Results and Conclusions

Nevruz is of great importance for Turkish societies. It appears with different names in many societies. The Nevruz festival, which emerged as a common cultural element in different geographies, brought the sense of national unity and solidarity in the society to the fore. Nevruz contains the element of entertainment, which is one of the main features of the holidays. It has revealed many riches in terms of recreational activities and has been transferred to today's Turkish societies. It is of great importance that these activities, which are one of the important cultural elements, are continued for our society and transferred to the next generations. Considering the Nevruz festival in the context of recreation, our national games and activities should be transferred to future generations and diversity should be ensured. It is necessary to implement these activities and to transfer our Nevruz culture to the next generations, taking into account the beneficial effect of the individual and the society, which is among the characteristics of recreation.